

CENTRAL UNIVERSITY OF SOUTH BIHAR



(M.A./M.Sc in Psychology)

Syllabus

Under Choice Based Credit System/NEP Draft

(Effective from Academic Session 2022-2023)

Department of Psychological Sciences

School of Human Sciences

School of Human Sciences

The School of Human Sciences aims to study human beings as a social, cultural and biological species as well as in the context of their experiences, activities, constructs and artefacts. The Human nature is not discipline bound and therefore the School emphasizes interdisciplinary approach to understand it .The vision of the School is to meet challenges imposed on human beings and humanity at large, and to accomplish prosperous human society. The school has a mission to pursue quality education and research for greater understanding of human nature and challenges faced by humanity. Disciplines like Anthropology , Psychology, Social Work and other Social Sciences interactively may engage in research leading to knowledge system that serves the development of mankind .The objective of the school is to create of advance scientific knowledge in various human sciences through research.

Presently the School of Human Sciences has one department- the Department of Psychological Sciences. The Department of Psychological Sciences is fully functional and offering Masters Programme and Ph.D programme.

Department of Psychological Sciences

The Department of Psychological Sciences came in existence in August 2011. The Department was set up to develop an awareness of the importance of studying human behaviour and the societal relevance of psychology.It is presently offering Master's and Ph.D programmes in Psychology.Department also participates in enhancing the overall well-being of students by facilitating their emotional, interpersonal and intellectual development through Students Career Counselling Cum Well Being Centre.

The **Vision** behind starting this department is to spread and create world class knowledge in the field of psychology. The department recognizes the immense

potential of psychology and its utility in improving quality of life of individuals and society.

The **Mission** of the department is to educate and train such psychologist who can serve the humanity.

Academic Programme:

Department of Psychological Sciences is currently offering Master's and Ph.D programmes in Psychology.

Name of the program: M.A./M.Sc in Psychology

The Master Programme in psychology is to impart quality education and training for research and practice with sound base in theories, methodology and psychological skills.

A) **Vision of the Program:** To impart quality knowledge about psychology, enhance reserach orientation, updating skills and cultivating values and ethics among students.

B) **Objectives/Golas of the Program:**The Department offers M.A./ M.Sc in Psychology which is of four semesters and the curriculum is so designed as to provide strong theoretical, methodological and contemporary knowledge of various areas of Psychology to the students. The purpose is to equip the students with knowledge, skills and values to become effective and competent professional psychologist. During the course, the students are taken for field visit at mental health centres and other allied field related organizations besides interactive classroom teaching and laboratory training. This programme also offering learning opportunities to orient the students towards scientific study of the complexities of human mind and behaviour, imparting knowledge of basic psychological concepts and methods and developing ability to appreciate the challenges in field setting.This would also helping the students to develop professional skills that empowers the student to gain

employment, as well as contribute towards the well being of individuals and community at large and promote harmony in the society. Time to time extended lectures from experts in relevant field is also conducted. Department provides specialization in the field of Clinical Psychology, Health Psychology, Organizational Behaviour and Social Psychology.

C) Program outcomes:

- To create a strong research oriented theoretical and practical foundations in consonance with recent advances in the psychology.
- To promote healthy interface between academia and society
- To cultivate human values, ethics and positive life skill in the students
- To familiarize the students with rich system of psychology in Indian knowledge system.

D) Program learning specific outcomes: The learning outcomes that a student should be able to demonstrate on completion of this programme are as follows:

Academic and professional competencies:

- Students would get scientific knowledge about basic human nature and methods of psychology.
- Basic professional skills pertaining to psychological testing, assessment, research, psychological intervention and counselling processes
- This academic training enables the students to work in a broad range of settings such as, medical, organization, counselling centres, NGOs, researchers and academicians. They would develop ability to use learned skills in specific areas.
- Employ skills and competencies required for practicing as a clinical psychologist
- Conduct research in the area of clinical psychology relevant to practise needs and to take step to understand and provide solution of the social-personal problems.

Personal and Behavioral competencies:

- Some of the courses of this programme would help the students in developing positive attributes in self and equipped them with skills of self monitoring.
- Students would develop cultural sensitivity especially our enriched Indian traditions, values etc.

Social Competencies:

- Have an adequate grasp of the ethical standards of the profession and apply them in their practice.
- Developing commitment to health and well being at different levels (personal, group, community)
- Course under this programme also help the students to understand the some current social problems from the psychological perspective and provide some solution also.

Eligibility Programme:

The eligibility conditions for admission into M.A./M.Sc in Psychology degree programme shall as follows:

Bachelor's Degree with Psychology/Sciences/Human Sciences/ Social Sciences/Life Sciences/ Medical Sciences/ Engineering with a minimum 50% marks from any recognized University for General/OBC/EWS candidates and 45% marks for SC/ST/PWD candidates.

However, the eligibility conditions for admission into M.A./M.Sc in Psychology programme and intake of the programme shall be directed by the University Admission, Teaching and Evaluation Committee (UATEC) from time to time.

Award of the degree after this completion of the programme:

The learners who complete One year (first year/ 1st & 2nd Semester) of this programme would earn degree of post graduate diploma in psychology, and

The learner who complete two years of full time post graduate programme in psychology would earn a M.A./M.Sc in Psychology. The students having graduate degree in science, medicine, engineering may be awarded M.Sc Degree in psychology, whereas students having graduate degree in other disciplines may be awarded M.A.Degree in Psychology.

COURSE STRUCTURE

*The programme is a two years full time study spread across four semesters. A student admitted to the programme will be required to complete 80 credits of course work, lab work, dissertation, filed work, internship etc. as per the requirement of specialization and **satisfactory completion of minimum 02 MENC non credit courses**(Mandatory Elective Non credit courses to 04 credits equivalent).*

A student will be required to choose courses from a basket of courses

Discipline Based Core courses (DBCC):

The core courses are those courses whose knowledge is deemed **essential for the students registered for the M.A./M.Sc in psychology programme**. All the discipline based core courses prescribed for M.A./M.Sc in Psychology programme offered by the Department of Psychological Sciences under the School Human Sciences **shall be mandatory for all the students** registered in the M.A./M.Sc in psychology programme. **A core course of the programme may be an elective/ open elective course for any other programme.**

Discipline Based Core Elective Courses (DBCE):

The elective courses can be chosen from a pool of courses(paper) to be offered in the concerned semester. These courses are intended to:

- Allow the student to specialize in one or more branches of the broad subject area
- Help the student to acquire knowledge and skills in a related area that may have applications in the broad subject area
- Help the student to bridge any gap in the curriculum and enable acquisition of essential skills(e.g. statistical, computational, language or communication skill etc) and
- Help the students to pursue an area of interest.

A core elective course of the programme may be an elective/ open elective course for any other programme.

Open Elective (Interdisciplinary) Courses (OEIC):

Along with the elective courses prescribed for the M.A./M.Sc in Psychology Degree programme offered by the Department of Psychological Sciences a student has to register herself/ himself in different elective courses in such a way that she/ he ensures earning of **minimum eight credits as open elective from other Departments/Schools.**

Mandatory Elective Non Credit Course(MENC):

This is the value added course to promote multidisciplinary and holistic education among the students. The course is of non credit nature but mandatory to complete successfully for the award of Masters degree in Psychology.The students have to choose the MENC courses, equivalent to **at least 04 credits**(two credit each) (**minimum two MENC courses**) from a basket of offered courses in the concerned semester.

Central University of South Bihar
Department of Psychological Sciences

School of Human Sciences

COURSE STRUCTURE

List of courses in M.A./M.Sc. In Psychology (CBCS Based)

(Effective from academic session 2022-2023)

SEMESTER-I

SEMESTER-I		
Course Code	Course Title	Credits
DBCC	Discipline Based Core Courses	
PSY81DC00104	Cognitive and Affective Processes	4
PSY81DC00204	Quantitative Methods of Data Analysis	4
PSY81DC00304	Biological Bases of Behaviour	4
PSY81DC00404	Social Psychological Perspective	4
	Open Elective interdisciplinary in nature-1 (OEIC-1)*	4
	One Mandatory elective non Credit Course-1 (MENC-1) from the MENC Basket-1#	
		Total = 20

MENC Basket – I#			
Mandatory Elective Non-Credit Course (MENC#)			
Course Code	Course Title	Credit	Opt in
PSY81ME00500	Stress Management	Non-Credit (Equivalent to 2 credit)	Ist Sem

PSY81ME00600	Science of Happiness and Well-Being	Non-Credit (Equivalent to 2 credit)	1st Sem
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***Any one paper offered by other department of the School of Social Sciences or any other allied Departments /Schools as open electives course. The course code will depend on the course opted by the student from concerned department or Any one paper/course offered by SWAYAM/MOOCs.**

SEMESTER II

SEMESTER-II		
Course Code	Course Title	Credits
DBCC	Discipline Based Core Courses	
PSY82DC00704	Indian Knowledge System in psychological perspectives	4
PSY82DC00804	Research methodology and Ethical Issues	4
PSY82DC00904	Psychological Assessment	4
PSY82DC01004	Counselling Skills	4
	Discipline Based Core Elective-1 (DBCE-1)** any one paper to be chosen from the Elective Basket of DBCE-1	4
	One Mandatory elective non Credit Course-II (MENC-II) from the MENC Basket-II#	
		Total = 20

DBCE Elective Basket – I**			
Discipline Based Core Elective Course (DBCE-1*) opt any one from the basket			
Course Code	Course Title	Credit	Opt in
PSY82DE01104	Psychopathology	4	
PSY82DE01204	Community Psychology	4	2 nd SEM
PSY82DE01304	HRM (Human Resource Management)	4	

MENC Basket – II#			
Mandatory Elective Non-Credit Course (MENC-II#)			
Course Code	Course Title	Credit	Opt in
PSY82ME01400	Yoga, Health and Mental Well Being	Non-Credit (Equivalent to 2 credits)	2 nd Sem
PSY82ME01500	Life Skills	Non-Credit	2 nd

		(Equivalent to 2 credits)	Sem
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Post-Graduate Diploma in Psychology [Semester I + II]

In accordance with the NEP-2020 and recommendation from CUSB NEP-2020 Task Force, Department of Psychological Sciences is going to offer Post-Graduate Diploma in Psychology from the next academic session 2022-23. The students who will complete Semester-I and Semester- II and may want to exit after completion of 1 (one) year for whatsoever reason, they may be awarded Post-Graduate Diploma in Psychology and the curriculum has been designed accordingly.

SEMESTER III

SEMESTER-III		
Course Code	Course Title	Credits
DBCC	Discipline Based Core Courses	
PSY91DC01604	Dissertation: Preparation of Research Proposal#	4
PSY92DC01704	Internship /Field Visit	4
	Discipline Based Core Elective-II (DBCE-II)** any one paper to be chosen from the Elective <i>Basket of DBCE-II</i>	4
	Discipline Based Core Elective-III (DBCE-III)** any one paper to be chosen from the Elective <i>Basket of DBCE-II</i>	4
	Open Elective interdisciplinary in nature-II (OEIC-II)*	4
		Total = 20

DBCE Elective Basket – II**

Discipline Based Core Elective Course (DBCE-II& III) opt any two from the Basket

Course Code	Course Title	Credit	Opt in
PSY91DE01804	Clinical Assessment	4	3 rd SEM
PSY91DE01904	Neuropsychology	4	
PSY91DE02004	Self and Personality	4	
PSY91DE02104	Rehabilitation Psychology	4	
PSY91DE02204	Organization Behaviour in Indian Context	4	

**Any one paper offered by other department of the School of Social Sciences or any other allied Departments /Schools as open electives course. The course code will depend on the course opted by the student from concerned department.*

Dissertation is of 4 credits in semester III , dissertation continues in semester IV also as Discipline Based Core Elective paper of 8 credits (4 credits + 8 credits= 12 credits)

SEMESTER IV

SEMESTER-IV		
Course Code	Course Title	Credits
DBCC	Discipline Based Core Courses	
PSY92DC02304	Qualitative Method of Data Analysis	4
PSY92DC02404	Dissertation: Report Submission and Viva Voce##	8
	Discipline Based Core Elective-IV (DBCE-IV)** any two paper to be chosen from the Elective Basket of DBCE-III)	4
	Discipline Based Core Elective-V (DBCE-V)** any two paper to be chosen from the Elective Basket of DBCE-III)	4
		Total = 20

##Dissertation will continued from III semester but in semester IV it is equivalent to 8 credits.

DBCE Elective Basket – III			
Discipline Based Core Elective Course (DBCE-III**) opt any two from the Basket			
Course Code	Course Title	Credit	Opt in
PSY92DE02504	Health psychology	4	4th SEM
PSY92DE02604	Positive Psychology	4	
PSY92DE02704	Psychotherapy	4	
PSY92DE02804	Coaching and Mentoring at workplace	4	
PSY92DE02904	Forensic Psychology	4	

OPEN Elective Interdisciplinary Course Basket (OEIC)

Course Code	Course Title	Credit	Opt in
	Cognitive and Affective Processes	4	I Semester
	Social Psychological Perspectives	4	

	Research Methodology and Ethical Issues	4	II Semester
	Indian knowledge System in Psychological Perspectives	4	
	Self and Personality	4	III Semester
	Rehabilitation Psychology	4	
	Coaching and mentoring at Workplace	4	IV Semester
	Positive Psychology	4	

*Discipline Based Core Course (DBCC) (mandatory for students of Psychology department)

**Discipline Based Core Elective Course (DBCE) (Students have to choice from basket)

***Open Elective (Interdisciplinary) Course (OEIC):This is the elective course aimed to enable exposure to some other discipline or domains. The students have to choose the Open elective course from the other department.The students of M.A./M.Sc in Psychology need not require to take it from above given OEIC basket but they need to take it OEIC from other department/ discipline as per their choice. Courses given in above OEIC basket is only for other department students.

****Mandatory Elective Non-Credit Course (MENC) (Only satisfactory completion/no gradation)

About SWAYAM Platform:

The Department of Psychological Sciences is committed to encourage blended mode of learning among students in congruence with the implementation of NEP-2020 at CUSB. The details regarding SWAYAM platform is enumerated below:

* SWAYAM approved courses (upto 40% of the courses may be taken from SWAYAM platform) subject to approval from the concerned Department.

** Since courses from SWAYAM are flexible and may tend to change , hence students may opt/ select/ choose when it is available on SWAYAM platform.